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# Drug testing kits available

## Offered free by coalition

Some parents may wonder what to do when they suspect illegal drug use by their child.

It can be a confusing and stressful situation for a family.

The Fountain Hills Co-

alition, which focuses on youth substance abuse prevention, has created an "Early Action Kit" for parents who may not know exactly what to do or where to turn.

The kits are available at no cost.

They contain a five-panel urinalysis drug screen, directions on how to administer it, steps to take if the test is positive or negative, local resource information and websites that provide parental support and promote prevention.

The EAKs are easy for Fountain Hills parents to obtain and designed to be discreet.

With less than a month remaining in the school year and summer just around the corner, the coalition wanted to remind families about the Early Action Kits.

"The kit gives families a private way to obtain information and make decisions on how to move forward," said Maria Perreault, program manager for the coalition.

"Parents don't need to give any information when picking up a kit.

"There is no obligation and no one will contact you. Just ask for a kit - that's it.

"And parents need to

understand they are not alone. There is help available."

The Substance Abuse and Mental Health Services Administration cites one report concerning substance abuse and the summer months.

The first indicates that youths between the ages of 12 and 17 are far more likely to start using most substances during the summer than during others parts of the year.

On an average day in June and July, more than 11,000 adolescents aged 12 to 17 use alcohol for the first time - December is the only other month with

comparable levels.

Similarly in June and July, an average of 5,000 youths smoke cigarettes for the first time, as opposed to the daily average of about 3,000 to 4,000 adolescents during the rest of the year.

"More free time and less adult supervision can make the summertime an exciting time for many young people, but it can also increase the likelihood of exposure to the dangers of substance abuse," said SAMHSA Administrator Pamela Hyde.

More information about the coalition is available at [www.fhcoalition.org](http://www.fhcoalition.org).

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## Where kits are available

Early Action Kits are easy for Fountain Hills parents to obtain and designed to be discreet.

Simply ask the provider for a free kit and it will be given to you without any information needed in return. They may be picked up at the following locations:

\*Susan K. Adams, LISAC, LCSW, 16810 E. Avenue of the Fountains, No. 244; 480-225-2630.

\*Carma Blackburn, LCSW, 16712 E. Avenue. of the Fountains; 480-993-5457.

\*Dr. Matthew J. Hummel, MD, 16838 E. Palisades Blvd., Building C, No. 153; 480-816-3131.

\*Deputy Jill Ochsner, FHUSD Resource Officer, MCSO; 480-664-5539 (FHHS).

\*Fountain Hills Fire Station 1 and Administrative Offices, 16246 Palisades Boulevard; (480) 837-9820.

Fire Station 2, 16821 N. Saguaro Blvd.; (480) 837-0804.

## NPOA ComArch approves plans

The Neighborhood Property Owners Association's Committee of Architecture approved three plans at its April 29 meeting.

They were as follows:  
 \*16421 Emerald - Owner, Esposito; mailbox.

\*15334 Palomino - Owner, Neilsen-Campbell; solar.

\*15501 Telegraph - Single-family residence.

One change request was not approved:

\*15930 Jericho - Owner, Baxter-Hinton; wall.

The Neighborhood Committee of Architecture meets Tuesdays at 8:45 a.m. in the association's office at 16810 E. Avenue

of the Fountains, suite 119, to review member property owners' plans for new construction or improvements, and the board of directors meets on the second Wednesday of each month at 8:45 a.m.

For information visit the website at [www.npoafh.org](http://www.npoafh.org) or phone 837-5317.

# Will you Outlive your Retirement Money??


Join us as we discuss the changes in the economy and how it can affect your retirement. Now, more than ever, it is vital to have a plan in place that will protect your assets and provide for your loved ones. Nothing will be sold at this 100% educational event.

Some of the important educational topics we'll discuss include:

- Probate:** How to avoid it and the expensive attorney fees.
- Risk Management:** How to avoid losses during huge market corrections and recessions.
- Income Planning:** How to make sure you don't outlive your money.
- Fixed Income:** What to do now that interest rates are at historic lows.
- Social Security Income:** Take it now or leave it until later?

**And other strategies to help you "survive and thrive" in retirement!**

Which One Will You Attend? Don't Miss This Life Changing Event!



**Thursday, May 15th at 9:30am**  
**FireRock Country Club**

**Tuesday, May 20th at 9:30am**  
**Fountain Hills Community Center**

Seating is limited. **Call NOW** to reserve your spot.  
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# Don't Wonder or Guess...

Join us for a **FREE** informational presentation on the Arizona Department of Health Services Medical Marijuana Program including ADHS qualifying conditions for the medical use of marijuana.

Hosted by Naturopathic Physician, Carol Jamison and ADHS Dispensary Licensee, Mark Steinmetz.

**Wednesday, May 14th, 7:30 p.m.**  
**Nature's AZ Medicines Dispensary**  
**16913 E. Enterprise Dr.**

**Discussion includes...**

Americans for Safe Access information and the Nature's AZ Medicines "Patient Education Guide" booklet published for the use of Medical Marijuana.

**Arizona Department of Health Services Qualifying Conditions for the Use of Medical Marijuana Include:**

**Severe and Chronic Pain • Nausea • Cancer Crohn's Disease • AIDS/HIV • Alzheimer's Hepatitis C • Cachexia • Muscle Spasms Seizures • Glaucoma • Multiple Sclerosis**

Please feel free to invite family and friends.  
**RSVP to (480) 420-3135 by 3 p.m. May 14th.**  
 Desserts, coffee, and non-alcoholic beverages will be served.

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