

# Letters

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## Drug testing



A letter from:  
**Jim Sims &  
 Karen Bayne**

Some parents may wonder what to do when they suspect illegal drug use by their child. It can be a confusing and stressful situation for a family.

The Fountain Hills Coalition, a local, non-profit, youth substance abuse prevention group, has created an "Early Action Kit" for parents who may not know exactly what to do or where to turn.

The kits are available at no cost and can be picked up anonymously at any of the following locations in Fountain Hills:

\*Susan K. Adams LI-SAC, LCSW; 480-225-2630.

\*Carma Blackburn, LCSW; 480-993-5457.

\*Dr. Jennifer J. Bjerke, Ph.D.; 490-212-3991.

\*Dr. Matthew Hummel, M.D.; 480-816-3131.

\*Deputy Jill Ochsner, FH High School campus; 480-664-5539;

\*Fountain Hills Fire Station No. 1; 480-837-9820.

\*Fountain Hills Fire Station No. 2; 480-837-0804.

The kit contains a five panel urinalysis drug screen that tests for marijuana, amphetamines and opiates along with instructions, steps to take if results are positive or negative and local resource information.

The kit gives families a private way to obtain information and make decisions on how to move forward. Parents don't give any information when picking up a kit. There is no obligation and no one will contact you. Just ask for the kit -- that's it.

We strongly encourage any parent who is experiencing concerns to visit one of the above locations to obtain a kit. It will give you step-by-step instructions on how to proceed during what can be a difficult time for a family. It's important to know that resources and help are available -- no one has to go it alone.

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