



WELCOME
to our new
Program Manager
Assistant

MADI LILLARD



Madi, a FHHS Senior, moved to Fountain Hills in June of 2013 from Surprise, AZ. Madi was Vice President of the SADD (Students Against Destructive Decisions) Chapter at Shadow Ridge High School and enjoys volleyball and cheer.

CONGRATULATIONS
to all of our
Safe Homes

Dear Maria,

Ever wonder if what you're saying to your child is getting through? Does it feel like you're talking to a brick wall or do you get that ever popular eye roll when you say, "We need to talk."? Here are 3 ways to help your message hit home:

3 C's for Connecting with your Kids

1. Be *CLEAR* - When it comes to drinking and drug use it's important to be clear and tell them that you do not want them drinking or using drugs. Let them know that if they are ever in a situation where others are drinking or using drugs, they can call or text you and you will pick them up. You can say, "I'm not trying to ruin your fun. I love you and want you to stay healthy by staying completely away from alcohol and drugs."
2. Be *CONFIDENT* - Kids can be tricky. They may try to push you to let them go somewhere or with someone whom you don't feel comfortable. Stand firm with your rules. It's not about punishing them but protecting them.
3. Be *CONCISE* - Talking about drugs and alcohol doesn't have to be a long lecture. In fact, it's better if you have shorter conversations more frequently instead of just one big talk.

Remind your child that true friends will respect their decision not to get involved with alcohol and drugs. Arm them with some firm, brief but friendly responses such as:

- "No, thanks".
- "No, that's not for me" or "I'm not into that."
- "I'm an athlete and I can't do that stuff".
- "I can't -- if my dad (mom) ever found out, he'd be really upset."

2015 Essay Contest Winners!

Network \$200
Drawing winners!



Board member Dwight Johnson with Kaylin George



FHHS Boys Basketball Team



FHHS Senior Brett Smaga with Madi Lillard and Maria Perreault, Program Manager

Congratulations to all of the High School Essay Contest Winners! We received 181 essays throughout the community and awarded first, second and third places along with 14 Honorable Mentions!



From L to R: Avery Evans (2nd place), Emerson O'Neil (1st place) and Madeline Feyrer-Melk (3rd place).



All 17 winners along with Coalition Board Member, Dwight Johnson and Executive Director, Shelly Mowrey.

THANK YOU! to all of our generous sponsors:

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Silver Level

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