



Summertime is Peak Time for Teens to Try Drugs or Drink Alcohol

More teenagers start drinking and smoking cigarettes and marijuana in June and July than in any other months. According to a report by the Substance Abuse and Mental Health Services Administration, during each of those summer days, more than;

- 11,000 teens on average use alcohol for the first time
- 5,000 start smoking cigarettes and
- 4,500 try marijuana

These months include periods when adolescents are on a break from school and have more idle time, have fewer structured responsibilities and less adult supervision. Even though summer months are about free time, it is also about greater risk and the Fountain Hills Coalition strongly suggests parents:

1. Have structured daily activities for your child. Check out the [FH Boys and Girls Club Summer Program](#).
2. Have your child enjoy supervised time with friends through the Town's [Activity Center and Party in the Park Series](#).
3. Develop a list of activities they can do with your permission and activities they need to ask your permission before doing.
4. Establish a regular check in call time with your child each day so they know they will have that time to communicate with you directly.
5. At night, take a moment to review the day's activities with your child. Discuss any situations or activities scheduled for the following day so that expectations and plans are clearly communicated.

Early Action Kits Available

Early Action Kits contain a 5 panel drug screen, facts, information, and a list of local, confidential resources. It is available for parents who suspect their teen may be using drugs. The kits are free, discreet and are given without any information needed in return. Kits are available at the following locations:

- Dr. Matthew Hummel- 16838 E.Palisades C-#153
- Fountain Hills Fire #1- 16246 E. Palisades Blvd.
- MCSO Reception Desk - FH Town Hall, 1st Floor



FHHS and FH Coalition teaming up to help keep our youth safe!



If you have a child registering for high school this year (2015-2016), and you are already a Safe Homes Network member, you can save \$5 on your family's high school registration fees. Let your friends know that they can also save \$5 off their registration fees just by becoming a Safe Homes family. There is no cost in becoming a member and easy to do!

Watch your mail for your child's registration packet with the \$5 rebate coupon inside and be sure to look for the above coupon on the FHHS online registration page to receive your \$5 rebate!