



Off to College, What Do I Say Now?

Parents often find themselves with mixed emotions once their child graduates from high school and leaves for college. There is pride, excitement and a little anxiety that their child is now an adult and will be on their own.

Parent experts suggest that it is important to have a presence in their lives especially during their first year transition to college.

If your child is moving into a dorm or apartment of their own, you may want to say: "I know you're off to start your own life, but please know that I'm always here for you. I respect that you're old enough to make your own choices, but if you ever want another perspective on things, please reach out to me."

A treatment research expert advises that parents also say, "There are certain things that you can count on in life and one of the things you're going to be able to count on is me. As your parent, I am always here for you, day or night. I promise that I will always guide you in the right direction because I always want what is best for you."

After your child is away at college for awhile, you may want to ask the questions, "Do you see a lot of alcohol and drug use at your college or in your new town? Do you know of kids who dabble in drugs at all? How do you feel about that?"

It is an exciting time for your child but it may also be a bit scary for them. Take some time to discuss what they may be apprehensive about to calm any fears they may have. Let them know that their feelings are normal and that you have every confidence in them that they will make good decisions. Knowing that you are always available for them will boost their confidence and in turn, will help make them feel more comfortable transitioning from their home to college life.

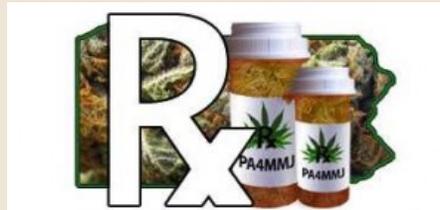
Above That Club Officers Recognized

FHMS Above That Club officers received awards for their roles in growing attendance and keeping the club involved with various campus activities throughout the school year.

The club officers are dedicated to helping spread the word to students on the importance of staying healthy by not getting involved with alcohol or illegal drugs. The club officers are terrific role models for younger students in the way they show their commitment to staying safe so they can fulfill their dreams for the future.



From left: Marcus Fonville, Co-President; Christian Stein, Vice-President; Club Facilitator Patti Schultz; Hannah Barsema, Secretary; Gina Woods, Co-President.



The Planning & Zoning Commission voted 6-1 at its April 23rd meeting to recommend the Town Council not grant an extension of hours to the medical marijuana dispensary. The owner is asking that current operating hours be increased from 56 hours per week to 98 hours per week and be open 8AM to 10PM, seven days a week.

The vote goes in front of the Town Council this Thursday, May 21st at 6:30 PM at Town Hall. The public is welcome to attend.

Congratulations Class of 2015!

Enjoy the graduation festivities! Thank you for helping to keep our youth safe!

