



## Setting Good Examples for Teens this Holiday Season

Over the next few months, your teens will probably witness more alcohol commercials, displays and celebrations than the last nine months combined. While drinking is more prevalent for adults during the holidays, it can also be a strong influence on teens. In following the lead of family and friends, teens may be tempted to end the year and ring in the new one by celebrating with alcohol.

Here are four tips to help keep your teen safe:

1. Keep alcohol secure between celebrations. Showing your teens that alcohol is handled responsibly in your home helps them respect it.
2. When hosting a party in your home, do not leave alcohol unattended. Have it visible to decrease the opportunity of teens sneaking it out of sight.
3. Refrain from allowing your teen to drink "because it's a holiday". Letting them 'indulge' not only sends a mixed message, it deprives teens of the clear, common sense guidelines they need to make healthy choices the rest of the year.
4. Reference the [SAFE HOMES NETWORK](#) directory and "Call and Confirm" when your teen is invited to a party outside of your home.

## Just in..... 2016-2017 ABOVE THAT CLUB OFFICERS



The Above That Club is an after school activity for FHMS students in grades six through eight.

The club meets the first Monday of every month and is free of charge. While making new friends and having fun, they are made aware of the risks and dangerous consequences of underage drinking and illegal drug use.



From L to R: Fred Tiger, Membership; Elle Young, Co-Secretary; Miguel Castro, Membership; Justice Underwood, Co-Secretary; Joseph Johnson-President; Luke Jensen, Vice-President.

Students learn ways to stay above the negative influences that may come into their lives.

Members begin each meeting with the Above That Club Oath:

**As a standing member of the ABOVE THAT Club I promise to have a positive attitude, to stay drug-free and to stand up to bullying and negative influences.**

**THE BEST WAY TO STOP AN ADDICTION, IS TO NEVER START!**

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## CONGRATULATIONS!

Safe Homes Network sponsored a drawing on October 27th during Senior Night at the Girl's Varsity Volleyball game. Congratulations to volleyball team member Amara Feyrer-Melk, our \$100 winner!



Our next drawing is December 8th during the Falcon Band and Chorus Holiday Concert! Be sure to let us know you are a Safe Homes Network member and receive an additional ticket in the drawing!



Don't forget to like us on Facebook! **FHCoalition**